

Leading with Agility and Resilience

Why Attend

More than ever before the only constant in this world is unexpected change. Organizations are facing challenges from all sides and only agile, flexible and resilient leaders will be able to navigate the rough seas where others sink or crash. In this course we provide you with the leadership skills needed to thrive where others collapse, and the tools to surmount the hazards facing 21st century organizations.

Course Methodology

The course uses a mix of interactive techniques, such as brief presentations by the consultant and the participants, role plays (rehearsed and impromptu), playback of videotaped performances and individual and group feedback.

Course Objectives

By the end of the course, participants will be able to:

- Explain the importance of leading agile organizations
- Predict and adapt to change with agility and resilience
- Lead and develop rapid response mechanisms to environmental changes
- Create compelling agile communication strategies to lead and drive change
- Identify strategies to build and enhance agility and resilience in themselves and others
- Describe how the brain develops resilience
- Assess their own leadership capability for resilient performance

Target Audience

Executives, directors, senior managers, division managers, team leaders and professionals who want to be updated with the latest trends in management and leadership

Target Competencies

- Attitude toward others and balanced decision making
- Commitment to the job
- Conceptual thinking and concrete organization
- Consistency and reliability
- Developing others
- Emotional control and flexibility
- Gaining commitment and human awareness
- Initiative and integrative ability
- Internal self control and intuitive decision making
- Leading others and persistence
- Personal commitment and drive
- Personal relationships and persuading others

- Practical and proactive thinking
- Problem management
- Role awareness and confidence
- Self assessment and self direction
- Self discipline and sense of duty
- Self improvement and self starting ability
- Sense of timing and sensitivity to others
- Frequent change and urgency
- Social versatility

Location & Date

1 Oct - 5 Oct, 2017
Dubai, English
Sofitel Downtown Dubai

26 Aug - 30 Aug, 2018
Dubai, English

16 Dec - 20 Dec, 2018
Dubai, English

Meirc reserves the right to alter dates, content, venue and trainer.

Fees: US\$

Per participant

US\$ 4,600

(including coffee breaks and a buffet lunch daily)



For companies that want to maximize the return on their investment in training: **Register 3 participants on the same course and dates and pay only for 2.**

Course Outline

- Definitions of agility and resilience
 - Key aspects of agility
 - Understanding the importance of agility to achieve success
 - The agile leader's role in turbulent times
 - The difference between agility and change management
 - Reflecting and clarifying our strengths and growth areas
 - Relentlessly developing and role modeling urgency
- The emergence of agility and resilience for effective leadership
 - The leader's role in improving organization and people's adaptive capabilities
 - The implications of agility for leadership

- The importance of anticipating change
- Indicators to measure and anticipate the forces of change
- Trusting and engaging in constructive conflict
- The inevitable future of strategy
- **Generating confidence and action**
 - The importance of employee engagement
 - The key drivers in the service profit chain
 - The necessity for leaders to be confident and resilient
 - Bringing focus and priorities to action
 - Empowering teams to be action oriented
- **Unleash thinking**
 - Creating an agile climate that inspires innovation
 - Agility and innovation through participation and better idea generation
 - Scorecards for improving agility
 - Levels of leadership agility
 - Assessing and developing leadership agility
- **Smart social organizing and leadership development for the future**
 - Ability to create, engage and nurture social change
 - Social media, whistle blowing and breaking brand bullying
 - Social entrepreneurship and its importance for leaders
 - Developing the resilience to thrive in change
- **The power of resilience for leaders**
 - How the brain develops resilience
 - Harnessing the brain's neuroplasticity to recover resilience
 - Using mindfulness to foster self-awareness
 - How neuroscience is revolutionizing our thinking about feelings
 - How positive emotions build resilience
 - Assessing your capabilities for resilient performance
 - How to manage mindfully
- **Solutions and steps for resilient 21st century leaders**
 - Signs of resilience mastery
 - Developing resilient managers
 - Developing a more resilient organization
 - Challenges of resilience for executives
 - Leadership growth plan and resilience mastery